

Meeting Minutes
Thurmont Addiction Commission
Thursday, August 10th, 2017
7pm-8:30pm

Town Commissioner Martin Burns opened the meeting with a discussion on who should lead the Commission.

Attendees:

Commissioner Jay Churchill	Commission Chair, Voting member
Commissioner Mike Randall	Commission Co-chair, Voting member
Commissioner Rachel Hubbard	Voting member
Commissioner Kim Kerens	Voting member
Commissioner Edward Schildt	Voting member
Commissioner Gage Randall	Student Representative, voting member
Commissioner Myra Derbyshire (Secretary)	Alternate
Town Commissioner Martin Burns	
Town Commissioner Wes Hamrick	Alternate

Commissioner Gina Carbaugh (Alternate; sent her regrets that she could not attend). Also a number of concerned citizens/general public attended and were given opportunities to contribute to the meeting, please see the public comments below.

1. Members introduced themselves. The Commission is diverse, its members include parents that have been affected personally by the addiction crisis, community leaders in youth sports, the recover community, concerned citizens and a senior High school representative.
2. Town Commissioner Burns guided a discussion to determine committee leadership, the charter, and the meeting agenda format.
3. Commissioner Randall proposed a motion that Commissioner Churchill be chair, the motion was seconded by Commissioner Schildt, and unanimously passed. Next a motion was brought that Commissioner M. Randall be co-chair, Commissioner Churchill seconded the motion and it passed unanimously. Commissioner Derbyshire volunteered to take mins. A motion was brought that Commissioner Derbyshire be Secretary, this was seconded and passed unanimously,
4. The committee has formed around three pillars: i) Education and awareness, ii) Prevention and Outreach, iii) Recovery and Support.
5. Commissioner M. Randall proposed a typical meeting format be as follows:
 - Opening remarks by Chair
 - Comments be limited to 5 mins
 - 5 min synopsis on each of three pillars: Education, Prevention, and Recovery
 - Town office input
 - Treasurers report (include grant writing) – this will not be necessary initially
 - New business around 4 pillars
 - Meeting open to public
 - Closing thoughts
 - Meeting to stay to 1.5 hours

Commissioner Schildt added that this format should include a review of prior minutes. Town Commissioner Burns suggested that limiting comments to 5 mins be at the discretion of the

chair. Commissioner M. Randall will send this format around to members of the committee by email for comment before the next meeting.

6. Town Commissioner Hamrick suggested the Commission develop a mission statement. It was decided that this would be done by email among members. Commissioner Schildt will send around a starting suggestion, the Commission will make suggestions and will come to the meeting next month with something close to be finalized.
7. Town Commissioner Burns requested that board members send him their name for placards
8. It was suggested that an acronym and name be developed for the Commission. This would be decided by email and suggestions brought to the next meeting.

Primary goals of this meeting were: to have a discussion towards forming a Charter, Mission statement, Meeting agenda, and an Acronym for the commission's name. The Commission was reminded to send their names, as they would like them appear on a placard, to Town Commissioner Burns.

New Business:

9. Commissioner Schildt: the information table at the carnival created good discussion
10. The Commission gave their support for Commissioner Schildt to talk at the Maryland Municipal League (MML) Board of Directors retreat, in New Market. MMLs board of directors is comprised of elected and appointed officials from throughout the state. The Commission agreed that it was appropriate that Commissioner Schildt summarize for the board, the commissions formation and efforts this early.
11. Commissioner Schildt: The Commission should be aware that there are many active groups dealing with different aspects of addiction in our community, we should find out what is out there and reinforce this knowledge.
12. Commissioner Derbyshire brought to the Commission's attention the new law taking into effect at the beginning of this school year 2107: The Start Talking Maryland Act (Heroin and Opioid Education and Community Action Act of 2017) which will require Maryland schools to have specific education programs on opioid addiction. She gave details of this law to Commissioner G. Randall (Student representative).
13. The discussion turned to approaches to curbing addiction including approaches using scare tactics
14. **Public comment:** The Commission should research what does and what does not work (DARE didn't?). Education should include education of parents. Also, when school personnel talk to students as part of the new law they need to be cognizant that they talking to students some of whom will be addicted, so they need to also include talk about recovery.
15. Commissioner Schildt: Also, they need to be aware that addiction is often a dual diagnosis situation, i.e. addiction and mental health.
16. Commissioner M. Randall and Commissioner G. Randall (Student representative) as members of this Commission asked to initiate conversation with the Principal and teachers at Catoctin High School about Opioid education in the classrooms. Commissioner Derbyshire suggested they also talk with Mrs. Deborah Wivell, Catoctin High Schools social worker. The Commission gave them their support to do so.
17. Commissioner Churchill (chair): Had a question about endorsement, and concern about offering solutions. Town Commissioner Burns advised that we can use language such as "I serve on the addiction Commission of the town of Thurmont", "in my opinion", and "I in no way represent

the commission”, unless you do. If members of the Commission have any questions about legality, they should send these to Town Commissioner Burns.

18. **Public comment:** The Commission should also talk to board of Ed, and Dr. Alban (Superintendent of Frederick County Public Schools).
19. Town Commissioner Burns has the Commission support to arrange another Narcan training in the town Hall.
20. Commissioner Schildt alerted the Commission to various upcoming events: i) August 19 Up and Out 5K; ii) Hope for Change festival, noon-7pm (including candlelight vigil), iii) August 24 6:30 pm, the successful program spearheaded by Commissioner Schildt and Mrs. K. Schildt at Catocin High School, will be repeated at Walkersville High School, on request by the town of Walkersville, Walkerville High school, and Walkerville High school’s PTA.
21. Town Commissioner Burns brought the question of “should meeting be televised or not” or should it be dependent on the program discussed.
22. Responsibility for the pillars were preliminary assigned to committee members as follows: i) Education and awareness, Commissioner Schildt: ii) Prevention and Outreach, Commissioner Randall; iii) Recovery and Support, Commissioners Derbyshire and Hubbard, and Commissioner Derbyshire will ask Commissioner Carbaugh if she would join this committee.
23. **Public Comment:** To make the Commission aware of an upcoming Frederick “Blueprint to Success” program by “County Workforce Services” to be held in Emmitsburg, September 5th - 28th, with a focus on work readiness, back into workforce, (those justice-involved will get priority), have lawyers who pro bono to expunge records. This program is open to Thurmont, Emmitsburg, Sabillasville, employers and involved, includes resumes writing, etc.
24. **Public Comment:** could the Commission compile a list of resources and contacts, Commissioner Schildt and group have begun to do this- it is a work in progress
25. Commissioner Randall: commented that smoking educations in the schools had some success, and that opioids to date have been treated more lightly.
26. Motion was made to adjourn the meeting. Meeting closed at 9:05pm

The date and place of the next meeting was set as Thursday Sept 14th 2017 at the Thurmont library.